

## Our Healthier South East London Partnership Update - January 2020

Our updates provide an overview of the work of Our Healthier South East London (OHSEL), the Integrated Care System (formerly known as the Sustainability and Transformation Partnership) for south east London, over the past couple of months. They are designed for sharing with boards, governing bodies and other key partners and stakeholders.

### At a glance

#### **From STP to ICS the south east London way**

Vicky Scott, Chief Operating Officer, OHSEL, explains the journey from Sustainability and Transformation Partnership (STP) to Integrated Care System in south east London. Read all about it on the NHS England website [here](#)

#### **Response to NHS Long Term Plan**

On 15 November 2019, OHSEL submitted the second draft of our NHS Long Term Plan response to NHS England & NHS Improvement. It was originally planned that this submission would be a final version of our response, with publication taking place soon after that. However, due to purdah requirements during the general election, we postponed sign-off of the final version.

We are now looking to finalise and sign-off our Long Term Plan response at the OHSEL Board meeting in public on 29 January 2020. The final version will then be published and submitted to NHS England and Improvement. In the meantime, we are further checking the content of our response with our stakeholders across the ICS to make sure that our final version is as up to date as possible.

## Update from programme groups

### Children and Young People

#### **Improving the mental health and wellbeing of our children and young people**

There is a strong case for establishing mental health services for children and young people aged 0 to 25 as research shows that 75% of mental disorders begin by the age of 25. Our response to the NHS Long Term Plan commits us to creating a comprehensive mental health and wellbeing offer for 0 to 25-year-olds. The new model will reach across services for children, young people and adults, bringing together health, social care, education and the voluntary sector.

On 5 December 2019, over 60 partners from the NHS, public health, social care, health and justice, education and local communities came together to explore opportunities to improve support, care and treatment. We focused on those aged 0 to 5 years whose needs can be overlooked and those aged 16 to 25, who have repeatedly reported poor experiences of care within current services. Over the coming months, we will be outlining our future ambitions for making real changes across the whole system.

## Workforce

At least 50 non-clinical staff from local GP practices have now enrolled on the Excellence in Supporting Healthcare online learning programme linked to the unique Competency Framework developed by OHSEL.

This Institute of Learning Management accredited programme offers non-clinical staff the opportunity to develop new skills such as care navigation, signposting and supporting care coordination. These give staff the skills and confidence to better support the clinical workforce and improve the patient/carer experience.

## Maternity

The South East London Local Maternity System (LMS) is establishing two new workstreams: postnatal and workforce.

Workforce is a priority in both the Better Births (2016) report and the Long-Term Plan (LTP) (2019) for the NHS. We will collaborate with Capital Midwife and Health Education England to understand the priorities for our midwives, nurses, doctors and support workers.

The postnatal workstream will produce an LMS wide action plan to improve postnatal care and experience. The plan will include infant feeding, perinatal mental health, improving information on returning to pre-pregnancy health, improved services and referral pathways for women with pelvic health concerns and improved handover between maternity and health visiting and GP services.

## Mental Health

Two new projects in south east London will run from January to June 2020 to improve perinatal mental health support. South London and Maudsley NHS Foundation Trust (SlAM), Oxleas NHS Foundation Trust community specialist perinatal mental health services and Bromley, Lewisham & Greenwich MIND are working in partnership to deliver the projects, which will use extensive engagement and information gathering.

The first project, 'Widening access', is aimed at understanding the barriers and increasing access to perinatal mental health services for vulnerable women. The second project, 'Consultation with significant others' will focus on developing resources for dads and partners who require support with their mental health during the perinatal period. Information will be gathered from dads/partners groups and projects across south east London and used to develop a printed and online resource pack.

## Community Based Care

### **Primary Care Networks in south east London to benefit from over £1.4m funding to support their development**

Following a national announcement of additional funding to support the development of Primary Care Networks (PCNs) in summer 2019, the Community-Based Care Board has approved plans to allocate over £1.4m for south east London.

Funding will be used to support the development of our 35 Primary Care Networks through a range of programmes.

### **Continuous improvement event for primary and community care in south east London – 12 February 2020**

There are some excellent examples of good practice in primary and community care within and across our six local boroughs and across our organisations in south east London. However, there is recognition that we have not always linked up the work or the teams to help share and spread learning.

To address this issue, the Health Innovation Network, King's Health Partners and Our Healthier South East London are hosting an improvement event on 12 February to bring primary care and community leaders together with national and regional improvement experts, to share learning and better understand how to support continuous improvement in local service delivery and health and care outcomes for people living in South East London.

## South East London Cancer Alliance

### **SEL Cancer Alliance – Communities of Practice for Patient Involvement**

Following the Community of Practice (CoP) ethos, South East London Cancer Alliance (SELCA), working with the Health Innovation Network, has created a self-governing, non-hierarchical space for cancer care professionals and patients to come together and share ideas, knowledge and experiences, with a view to shaping how patient involvement work is carried out across the South East London Cancer Alliance.

The sessions have received great feedback and participants continue to work towards creating a vision for patient involvement that can be used across SELCA.

For further information please contact Jannike Nordland, [Jannike.Nordlund@gstt.nhs.uk](mailto:Jannike.Nordlund@gstt.nhs.uk)

## Endobronchial Ultrasound Service in south east London

Endobronchial Ultrasound (EBUS) is a lung procedure used in the diagnosing of cancers, inflammation, infection and other respiratory diseases. In 2018, service provision was expanded from St Thomas' Hospital, which undertook over 700 procedures a year, to include the Princess Royal University Hospital (PRUH) and Queen Elizabeth Hospital Woolwich (QEH).

Since the expansion of this service access times have improved, patients can be seen closer to home and patients benefit from being able to leave a consultation with a confirmed procedure date.