

Our Healthier South East London Partnership Update May 2019 Edition

Our updates provide an overview of the work of Our Healthier south east London (OHSEL), the Sustainability and Transformation Partnership (STP) for south east London, over the past couple of months. They are designed for sharing with boards, governing bodies and other key partners and stakeholders.

Update from programme groups

Mental Health

Many mental health service users have reported that employment is a key factor in helping with their recovery. A recent bid for funding will mean that we can support more people with severe mental illness to find and maintain paid employment via our individual placement support (IPS), employment support services. IPS is an evidence based programme which helps patients under the care of secondary and community mental health services to achieve their individual career preferences, based on their aspirations and life goals. The IPS employment specialists are part of the clinical mental health teams, ensuring that the employment advice and support is joined up with the patient's care and is continued for as long as is needed. The employment specialist support includes support with finding employment and work with employers on how best to support their employees with work goals. Currently we have two IPS services, one in Bromley and one in Greenwich. The new funding will see the launch of four new IPS services based in Bexley, Lambeth, Lewisham and Southwark.

Community based care

The NHS Long Term Plan identifies the development of Primary Care Networks as essential building blocks of every integrated care system. They will be small enough to provide the personal care valued by both patients and healthcare professionals, but large enough to have impact and economies of scale through better collaboration between general practices.

We have been working with commissioners and other stakeholders to support formation of our emerging Primary Care Networks in line with national and STP level guidance. Importantly, this includes full geographical coverage for all patients in south east London. Many of the Primary Care Networks have started to appoint Clinical Directors, practising clinicians from within the networks who will provide strategic leadership.

The proposals for Primary Care Network configurations are progressing well, Engagement will continue throughout June. Subject to Board and Primary Care Commissioning Committee approval and a local and national assurance process, Primary Care Networks

will be able to receive payment associated with the new network contract from 1 July 2019. Nationally this investment amounts to £4.5bn.

Children and Young people

South East London has a tradition of delivering an extensive range of high quality child and adolescent mental health services (CAMHS) and we have been working together to make sure that when children and young people need help, they can find it easily and be able to trust it. This includes giving children and young people a choice about where they can get advice and support from a welcoming place. They might want to go somewhere familiar, such as their school or their doctor, go to a drop-in centre, or access the help they need online.

In 2018-19 all local areas in south east London expanded, refreshed and republished their Local Transformation Plans for children and young people's mental health. Our target for 2018-19 set by the Government was to expand access to high-quality NHS funded mental health care for children and young people and reach the needs of at least 32% of those with diagnosable mental health conditions. We came very close to achieving this target by reaching 31.5% against the 32% target.

We had particular successes in 2018-19 including the launch of [Kooth](#) a free online counselling and emotional well-being support service providing young people aged 11-19 years in south east London with a free, safe and secure means of accessing support from a professional team of qualified counsellors. Bromley also successfully bid for additional funding from NHS England to deliver in 2019 a mental health in schools project and four week waiting time pilot for children who need specialist mental health services.

Workforce

We are working with south west London on a key project to optimise spending of government funding for apprenticeships across our health and social care providers. Apprenticeship roles offer a way of learning the skills necessary for various careers. They combine work, including on the job training, with study to achieve a formal qualification. Apprenticeship roles have educational equivalent levels from GCSE through to a degree. The funding could support wider entry options into a range of NHS careers, boosting our workforce size and skills in a range of departments such as finance and nursing. The opportunities are also important for our existing staff who can be supported to continue to earn but also access more formal training.

We have also set up an apprenticeship webpage, for south London professionals and managers, as a single port of call for more information such as understanding the levy, success stories and FAQs. www.swlondon.nhs.uk/ourwork/apprenticeships/

Cancer Alliance

GPs across south east London can now offer patients Faecal Immunochemical Testing (FIT) kits to use at home if they are displaying signs of colorectal cancer but are considered low risk. FIT – which tests for the presence of blood in poo, where it is too small to be visible – will help reduce the number of patients referred for invasive and often

unnecessary hospital procedures. Patients collect a poo sample at home and return it to their GP surgery to be sent away for testing. See the [FIT guide](#) for more information.

South East London Breast Screening Service is working with IPLATO Healthcare to deliver a text message reminder programme to increase the number of women attending their routine breast screening – targeting those who did not attend their appointment. Evidence suggests that breast screening reduces the number of deaths from breast cancer by about 1,300 each year.

Maternity

The development of the south east London Local Maternity System (LMS) Better Birth plans continues. This month as part of the choice and personalisation workstream we can report 58% of women booking for maternity care in SEL are being offered a personalised care plan (PCP). Our hospitals have been busy developing their digital capabilities to be able to do this and the work is ongoing. Our target from NHS England is for 100% of women to be offered a PCP by March 2021. A PCP provides information along the maternity journey for women and their partners and is owned by the woman not the hospital. The PCP is for the antenatal, birth and postnatal period. Women can upload scan photos, write thoughts, feelings and questions in their care plan to discuss as they wish at appointments. The aim is to enable women to record their choices at each stage of their pregnancy and have empowering meaningful choice discussions with their maternity teams.

Digital

Our new Chief Information Officer (CIO); Ian Riley joined in early May.

The Lambeth digital accelerator project team for the implementation of the “digital front door” via the NHS App is established and working with the Healthy London Partnership (HLP). This will be used to find the best approach which can then be shared with other CCGs.

Guys & St Thomas’, King’s College Hospital; Lewisham & Greenwich Trust and Oxleas have all received funding from NHSE for Health System Led Improvement (HSLI) programmes to improve the infrastructure (digital maturity) in their organisations. Projects have been agreed and are now in deployment with potential for further funding in this new financial year.

Work continues with the One London programme LHCRE (Local Health and Care Record) with digital STP colleagues involved in the technical architecture and information governance alongside colleagues from the other four London STP’s.

A hospice in Greenwich and a GP practice in Bexley have now successfully migrated across from the BT N3 to HSCN network. This will improve their ability to work in a digitally connected way, for example by sharing care plans for patients.