

Our Healthier South East London Partnership Update September 2019

Our updates provide an overview of the work of Our Healthier south east London, the Sustainability and Transformation Partnership for south east London, over the past couple of months. They are designed for sharing with boards, governing bodies and other key partners and stakeholders.

At a glance

- In developing our response to the NHS Long Term Plan we want to make sure that our plans build on feedback from key stakeholders, including members of the public. To help us do this we ran a series of public engagement events, outreach activities and a survey over the summer. Top themes of feedback included the need for clear information to be available about the different services that are on offer and when they should be used. Another main theme was the need for the NHS to work more closely with the voluntary, community and social enterprise (VCSE) sector, recognising that NHS services play only a small part in the health and wellbeing of our population. We know that we need to work on this, so as a next step we are planning a workshop to discuss with VCSE groups about how we can better work together. We are building on previous feedback and using all of the recent engagement feedback (full report available [here](#)), together with our Healthwatch engagement report (available [here](#)), to draft our response to the NHS Long Term Plan, reflecting what is important to south east Londoners. Our draft response to the NHS Long Term Plan will be submitted to NHS England in fall 2019. The draft response will be taken to Trust Boards and CCG governing bodies in October and November.
- Since March 2019, the six south east London CCGs have been engaging with staff, member practices, partner organisations, wider stakeholders and residents, on their proposal to form a single south east London CCG. The proposal has been shaped by this engagement and is now ready to be taken to the CCG governing bodies, which will review the draft submission at their board meetings held in public in September. Subject to their approval and member practices' agreement on a new constitution, the proposal will then be submitted to NHS England. The CCGs are aiming to form a single CCG from April 2020. More information and governing body papers are available on the south east London CCG websites.

Update from programme groups

Children and Young People

In south east London giving every child the best start in life is a key priority. It is a key priority because a healthy, happy and well supported start in life will help to ensure that children go on to be healthy, happy adults. Many health challenges and inequalities have

foundations in early childhood, with the poorest families experiencing the worst health outcomes. In south east London the number of children and young people in vulnerable groups with greater risk of health and wellbeing needs is increasing; for example, looked after children, children living in poverty, young carers, children and young people with long-term conditions, excluded pupils and LGBTQI (Lesbian, Gay, Bisexual, Transgender, Queer or Questioning, and Intersex).

As part of a series of events to help us create our south east London response to the NHS Long Term Plan, twenty three local stakeholders including parents, carers, clinicians and commissioners came together on 16 July to discuss the challenges we face in ensuring children get the best start in life. Attendees suggested three areas for practical action:

1. **Joint responsibility.** For example, it is a combined responsibility of schools and parents to encourage healthier lifestyles, and for community groups to help when parents are unable to do this. These groups can help by encouraging healthier lifestyles through creating afterschool clubs and teaching cooking at home.
2. **Changes to the external environment.** Suggestions on how to ensure healthier choices are easier to make included reducing leisure centre prices, providing healthy food vouchers and mandating cheap initiatives such as [run a mile a day](#).
3. **Shared learning.** To learn from those who have succeeded in reducing childhood obesity, for example in Leeds and Amsterdam, and adopt their approaches.

Community Based Care

Following their approval on 1 July 2019, over 50 Clinical Directors have been appointed to support the leadership of the 35 Primary Care Networks across south east London and OHSEL is supporting the development a clinical directors network. The network aims to bring the clinical leadership of Primary Care Networks together with other clinical directors of community, mental health and acute services to share good practice and agree opportunities for joint work across south east London.

Linked to Primary Care Network development, representatives from the south east London STP are engaged in the design of the new national service specifications being considered by the NHS England national team. These will be used to help achieve the NHS Long Term Plan commitments to boost out of hospital care and advance integration between primary and community health services.

Two Darzi Fellows have also been recruited to support delivery of fully integrated community based care across south east London. Supported by King's Health Partners (KHP) and leadership of the STP, the Darzi fellows will work alongside clinical leaders, patients and management within Primary Care Networks and across south east London to drive forward improvements in service delivery and patient care. Find more information about the Darzi Fellowship Clinical Leadership Programme [here](#).

Mental health

Many mental health service users have reported that employment is a key factor in helping with their recovery. We are supporting more people in south east London with severe mental illness, to find and maintain paid employment via our individual placement support (IPS) employment services. IPS is an evidence-based programme which helps patients under the care of secondary and community mental health services to achieve their

individual career preferences, based on their aspirations and life goals. The IPS employment specialists are part of the clinical mental health teams, ensuring that the employment advice and support is joined up with the patient's care and continues for as long as is needed. Currently, we have six IPS services across south east London.

We are delighted to announce that the Centre for Mental Health has selected the Bromley, Lewisham and Greenwich (BLG) IPS, delivered in partnership with Mind and Oxleas NHS Foundation Trust, as a centre of excellence. There are only 20 IPS centres of excellence in the country. The BLG service is the first local Mind service to be selected, and was set up only 18 months ago, making this an even more impressive achievement. According to the Centre for Mental Health, "IPS centres of excellence are exemplary in their use of the IPS model and the job outcomes they achieve for people with severe and enduring mental illness". As a centre of excellence in south east London BLG Mind will continue to support the provision of high quality IPS services across all our IPS providers in south east London.

Click [here](#) to find out more.

Planned Care: orthopaedics

Improving waiting times for elective orthopaedic services is a priority across south east London. Currently 1 in 4 elective orthopaedic patients wait longer than 18 weeks for their treatment and wait times vary dramatically across our three service providers. From September to November, commissioners and hospital providers will be working together to carry out a patient demand and capacity analysis to project the number of people who will need planned orthopaedic services in the future, and the capacity which our hospitals will be required to provide. They will seek to develop long-term solutions together so that most our patients will receive treatment within 18 weeks of referral. One solution being considered is a centralised service referral hub whereby patients would be offered care from the timeliest hospital service within south east London.

We plan to hold focus groups with patients to discuss options for making access to treatment more equitable. If you are on one of our waiting lists, or have experienced long waits for orthopaedic surgery and would like to assist in shaping our new plans, please could you express your interest by emailing ourhealthiersel@nhs.net with the title: Planned Orthopaedics: Access to Care.

Workforce

OHSEL is delighted to announce that it has been successful in securing the support of Health Education England (HEE) to enable Lewisham and Greenwich NHS Trust and Bexley Health Neighbourhood Care to recruit two Physician Associate (PA) Ambassadors. PAs are trained healthcare professional able to complement rather than replace the role of a GP or medical practitioner, with appropriate supervision. Their roles vary but typically in a GP practice, they would be involved in the diagnosis and management of common and important long-term conditions such as asthma and Chronic Obstructive Pulmonary Disease COPD, performing reviews, facilitating medication compliance and signposting/care navigation. Once recruited, the two PAs will spend half of their time on clinical duties and for the remainder (funded by HEE) will help support the recruitment and retention of new PAs across south east London and associated workforce development projects affecting the PA workforce.

We are about to launch the 'Excellence in Supporting Healthcare' Certificate (ILM accredited). The first e-learning course of its kind, the certificate offers a comprehensive and accredited training programme for our non-clinical workforce, equipping them with the skills to better support their clinical colleagues and improve patient experience. Evidence from our pilots demonstrates the very real impact staff with these enhanced skills have been able to make - clinicians report significant time saved through less administrative workload and patients appreciate the support and care they receive. The staff being offered this opportunity also report feeling more confident, valued and motivated.

On 1 October 2019 we are holding a launch event aimed at employers and managers seeking to reduce clinical workload and those interested in workforce development. Click [here](#) to register.

South east London Cancer Alliance

Big Health Day

On Friday 25 October, we are holding a *Big Health Day* for people aged 14+ with learning disabilities living in Bexley, Greenwich and Lewisham. This will be a fun packed day with key health and cancer awareness messages. Family, friends and carers are also welcome.

The Big Health Day will be held at Thomas Tallis School in Kidbrooke from 10am – 4pm and will include:

- Cancer education, awareness and prevention
- General health information, including health checks
- Marketplace stalls with information about cancer and local health services
- Fun activities and workshops including theatre productions and dance shows

We appreciate the help of our partners to spread the news about the event and encourage attendance. Click [here](#) to find out more.

Diana Crawshaw

It is with great sadness that we share the news that Diana Crawshaw, chair of Guy's Cancer User Group and member of the south east London cancer Alliance Board, has passed away after a long illness. Diana led the user group for many years, ensuring that the views of patients, friends and families helped to shape the way that cancer services were designed.

Diana's passion, friendship and commitment allowed her to bring people together in a democratic and inclusive way, channeling their views and suggestions into very practical ideas that have helped to improve quality and shape the way that cancer care is delivered both at Guy's and St Thomas' and further afield. She will be greatly missed by all who knew her and she leaves a fantastic legacy.